



MEET YOUR SCHOOL NURSE

Virtual Edition

Introduction

Welcome to Desert Hills MS! We are excited to have you as part of our school family.

My name is Katy Isley and I am a registered nurse in Kennewick School District. I have been with the school district for 6 years now and I am the school nurse for both Desert Hills MS and MCP.

In this Power Point you will find some helpful information regarding immunizations, medication at school and our procedures for ensuring the wellness and safety of your child while they are at school.

Immunizations

We work closely with the Benton Franklin Health District and the Washington State Department of Health to ensure that all students are properly immunized prior to coming to school. This is in accordance with RCW 28A.210.120.

Kindergarten students should receive a booster of Dtap, MMR (measles mumps and rubella), Varicella, and polio before coming to school. Usually these take place on or after the 4th birthday.

Middle school students will need to have a booster Tdap by 7th grade or after they are 10 years. If their last Tdap was before they were 10 years old, it may need to be repeated, unless your student falls under one of the unique immunization rules.

*After your students immunization records are received, the school nurse will go through them to ensure compliance and will be in contact with you if additional records or immunizations are required.

Immunizations cont..

All immunization records are required to be medically verified. Here are some examples of acceptable records...

- A CIS printed by a health care provider or school from the Washington State Immunization Information System.
- Most states use an immunization information system. This typically can be accessed by your previous out of state school nurse or provider.
- A CIS printed from MyIR, which is a free Department of Health online tool that allows families to view and print their official immunization records themselves. Go to <https://wamyir.net/register> to begin the sign-up process.

Life Threatening Health Conditions

Our #1 priority at Desert Hills MS is the safety and wellness of your child. When your student was enrolled, a health history should have been completed. This will allow the school nurse to screen for any health conditions that require planning.

If your student has a life threatening condition that requires rescue medication, it is vital that you notify the school nurse or your student's classroom teacher right away!

Conditions like type 1 diabetes, severe asthma, severe allergies or seizures requiring emergency medication, will require an individualized health plan (IHP) completed by your provider, medications at school, classroom accommodations and staff training to ensure your child is safe at school. Your child's doctor will have to complete specific paperwork, and it brought in with the medication prior to your child being able attending school.

Forms are available at your child's school or the KSD website.

Other medical conditions

- Some health conditions may require management at school. If your child has a health condition that is being managed by a provider and requires daily intervention, we will need provider orders. Please notify the school nurse, classroom teacher or the secretary immediately so we can get this process started.
- If your child has any other health conditions that may impact physical activity or classroom performance, please be sure to disclose this information so that our team can assess the need for accommodations or any early interventions.

Medication at school

- Any medication at school will need a providers order for it to be administered. This includes all over the counter medications as well (even cough drops).
- Medication will need to be in an original container.
- Parents or designated adult will need to bring medication to school, do not send with your child.
- Please notify the school nurse if medication will be required for your child to attend school. Forms are available at your child's school and the KSD website.

Dietary sensitivities and nutrition services

Some students may experience certain food sensitivities or may be lactose intolerant or have celiac disease.

The school nurse will contact you regarding the necessary paperwork that will need to be completed if your student requires access to a dietary alternative.

For additional information regarding nutrition please visit <https://www.ksd.org/District/Departments/Nutrition-Services/So-Happy-App>

*There is an app that allows you to see the nutritional breakdown of foods served each day.

Covid-19 Update in Schools

Our staff wants nothing more than to return to school safely! We miss our students and we miss our schools!

We are working hard to make sure that we are following the necessary precautions in preventing the spread of Sars-Cov-2 (which causes covid-19 illness) in our schools.

Every staff member and child will be masked and following social distancing guidelines until further direction by the health department. We are regularly sanitizing frequently touched surfaces and practicing regular hand washing and sanitizing. All staff members entering the building are screened daily.

Common Symptoms of Covid-19

**Please note that this virus causes a broad list of symptoms. Sometimes these symptoms may indicate an underlying health condition. Please contact your healthcare provider for guidance.*

- Dry Cough
- Shortness of breath or difficulty breathing
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Fever
- Fatigue
- Muscle or body aches
- Nausea or vomiting
- Diarrhea

Covid-19 continued..

As the situation in our areas improves, students will begin to return to school with the hybrid model. We are requesting that if your child is showing symptoms of any illness, that you please keep them home until symptoms have resolved or they are cleared by their provider.

Our nursing staff is keeping in close contact with our local health department regarding covid-19. We are teaming up for contact tracing and will need the communities help in preventing our situation from getting worse.

Please notify the school and keep your child home if:

- Your child is showing any symptoms of COVID-19 and it isn't related to any known condition your child has. Your child will need to stay home for 10 days, even if they are feeling better.
- The health department has notified you that your child had an exposure, your child will need to stay home for the designated number of days.

When to Keep My Student Home? When Covid-19 isn't of concern that is...

- **Strep Throat:** If diagnosed by a provider, child must be on antibiotics for 24 hours before returning to school.
- **Chicken Pox:** Child must stay home until all lesions are crusted over.
- **Conjunctivitis (Pink Eye):** If eye is draining yellow discharge, is totally red or crusted over, keep home and take to licensed medical provider. If diagnosed by a provider, child must be on antibiotics for 24 hours before returning to school.
- **Draining wounds:** A wound that is hot, red and painful is showing signs of an infection and should be seen by a licensed medical provider.

Keeping students home continued..

- **Head Lice:** If a student has head lice, the parent will be notified and will need to sign a waiver that the child has been treated for the child to return. Paperwork on cleaning and getting rid of lice and their eggs (nits) will be sent home with the student.
- **Rash:** A student with a rash that is spreading should be taken to a licensed medical provider. The student may return to school when the rash is gone or a note from the licensed health care provider clears the student to return.

Other good to know information..

- Please make sure your emergency information is up to date, since we will be contacting you if your child has COVID-19 symptoms for a COVID-19 exposure at school. We will need your child to be picked up asap.
- Students who are out of compliance with their immunizations can participate in distance learning but will not be allowed to start in person so be sure to update those soon.
- Students who have health plans for a life threatening illness need to have an updated health plan and medication at the building in order to start in person learning. Please get those to me as soon as possible so they are ready to go when it's time to get back in our building.
- My email is katy.isley@ksd.org Phone number is 509-222-6603 I am at MCP Thursdays from 12:00-3:00 509-222-5325